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**ATTENTION  
Penobscot Nation Lands**  
(shown with a yellow tint on this map)  
are closed for riding as of  
May 2024.  
Please do not trespass!  
For more information and to  
check on trail conditions,  
please visit <https://carrabassettnemba.org/trail-conditions/>  
or scan the QR code



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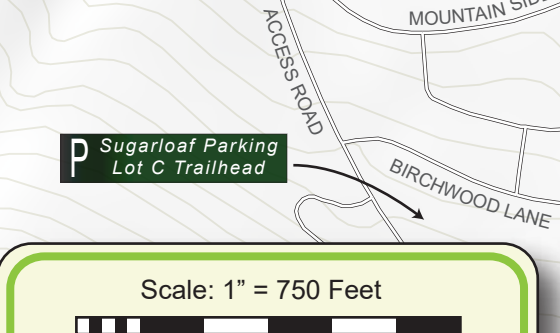


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**Sugarloaf Mountain  
Base Lodge**



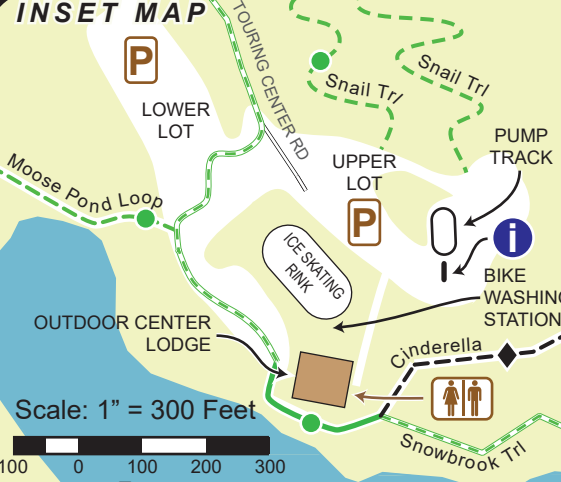
Scale: 1" = 750 Feet  
0 250 500 750 1,000 1,250  
Feet  
0 100 200 300 400  
Meters

**TRAILS LEGEND**

TRAILS	ROADS	SYMBOLS
Easiest Single Track	State Highway	Scenic View Point
More Difficult Single Track	Paved Road	Warming Hut
Most Difficult Single Track	Gravel Road	Restroom/Privy
Easiest Double Track	20' Contour Interval	Picnic Area
More Difficult Double Track		Information Kiosk
Most Difficult Double Track		Winter Ski Trail Name
Bicycle Access Gravel Road		Freestyle Terrain
Bicycle Access Paved Road		Bridge 3' or less in width
Ski Trail (Winter use only)		
Snowshoe Trail (Winter use only)		
Hiking Trail		

Contour, water, town line, and road data obtained from the Maine Office of GIS.  
Projection/Datum: UTM, Zone 19 NAD83  
Date: May 17, 2024  
Map created by Pilsga & Day Land Surveyors

**INSET MAP**  
Scale: 1" = 300 Feet  
100 0 100 200 300  
Feet




**Trail Rules & Safety Information**

- Uphill riders have the right of way. Downhill riders yield to uphill riders.
- Wear a helmet.
- Carry in, carry out. Leave no trace. Respect wildlife.
- Ride only open trails; observe, respect and obey all signage.
- Stop at all road crossings, slow down at intersections.
- Ensure water crossings are safe.
- Stay in control at all times. Pass with care.
- Share the trail. Yield to pedestrians and other trail users.
- Many dirt roads are within working forests. Please watch for and yield to logging trucks.
- Many of our trails are remote, plan ahead, ensure equipment is working properly and you have spare parts and basic tools.
- Don't count on cell phones. Please let someone know where you are going and when you plan to be back. Ride in groups if possible.
- Always ride with food and plenty of water.

**EMERGENCY INFORMATION**

- In the event of a medical emergency, first attempt to use a cell phone to call 911.
- If riding in a group of three or more, have at least one person stay with the injured person.
- Mark the location of the injured person on a map, and if possible use a GPS to get a coordinate.
- DO NOT attempt to move the injured person if a head, neck, or back injury is suspected.
- Attempt to keep the injured person warm and dry.
- Assist the injured person to the nearest road if the injury is not to the head, neck or back.

**Thank You Landowners**

Without the permission of public and private landowners, our trail systems would not be possible. We thank you! Please respect landowners. Ride only on marked trails. This trail network is a work in progress. In time we plan to expand the network throughout the Carrabasset Region. Please note:  
The user of this map bears full responsibility and assumes responsibility for personal injury and/or property damage at risk for this or other trails. Carrabasset Region NEMBA, the Town of Carrabasset Valley, and affiliates will not accept any liability for this or other trails.

**2024  
TRAIL  
MAP**

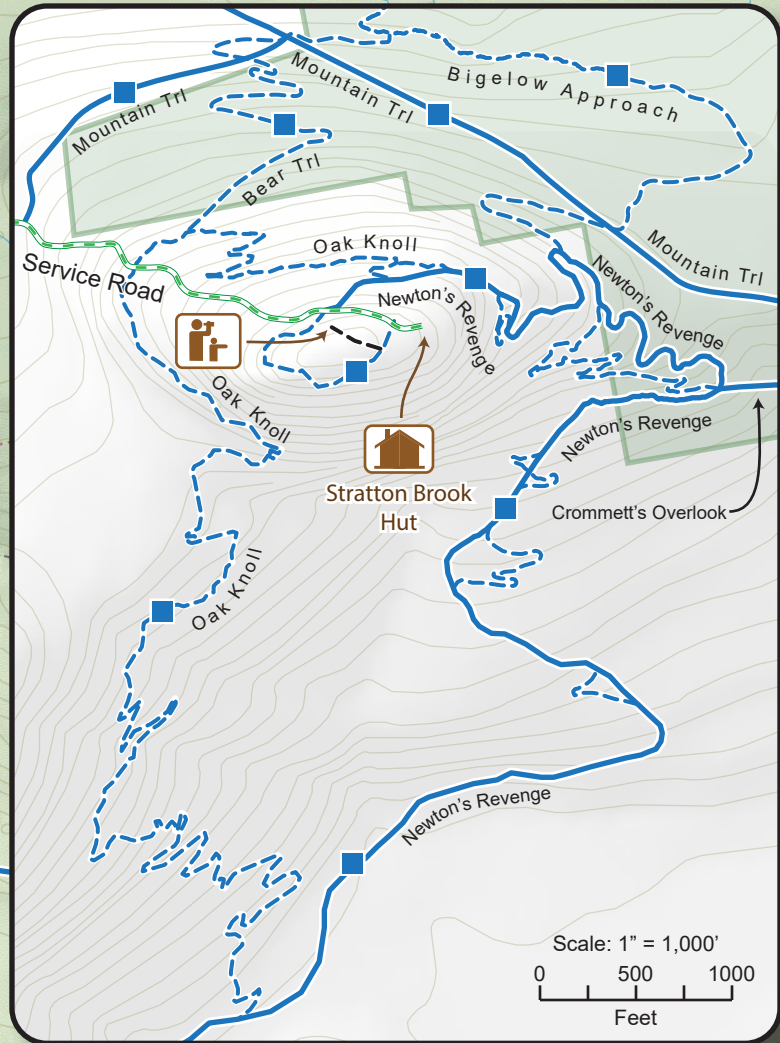
SUGGESTED  
DONATION  
**\$2.00**  
THANK YOU

**Carrabasset  
Valley Trails**



For more information visit:  
[carrabassetnemba.org](https://carrabassetnemba.org)





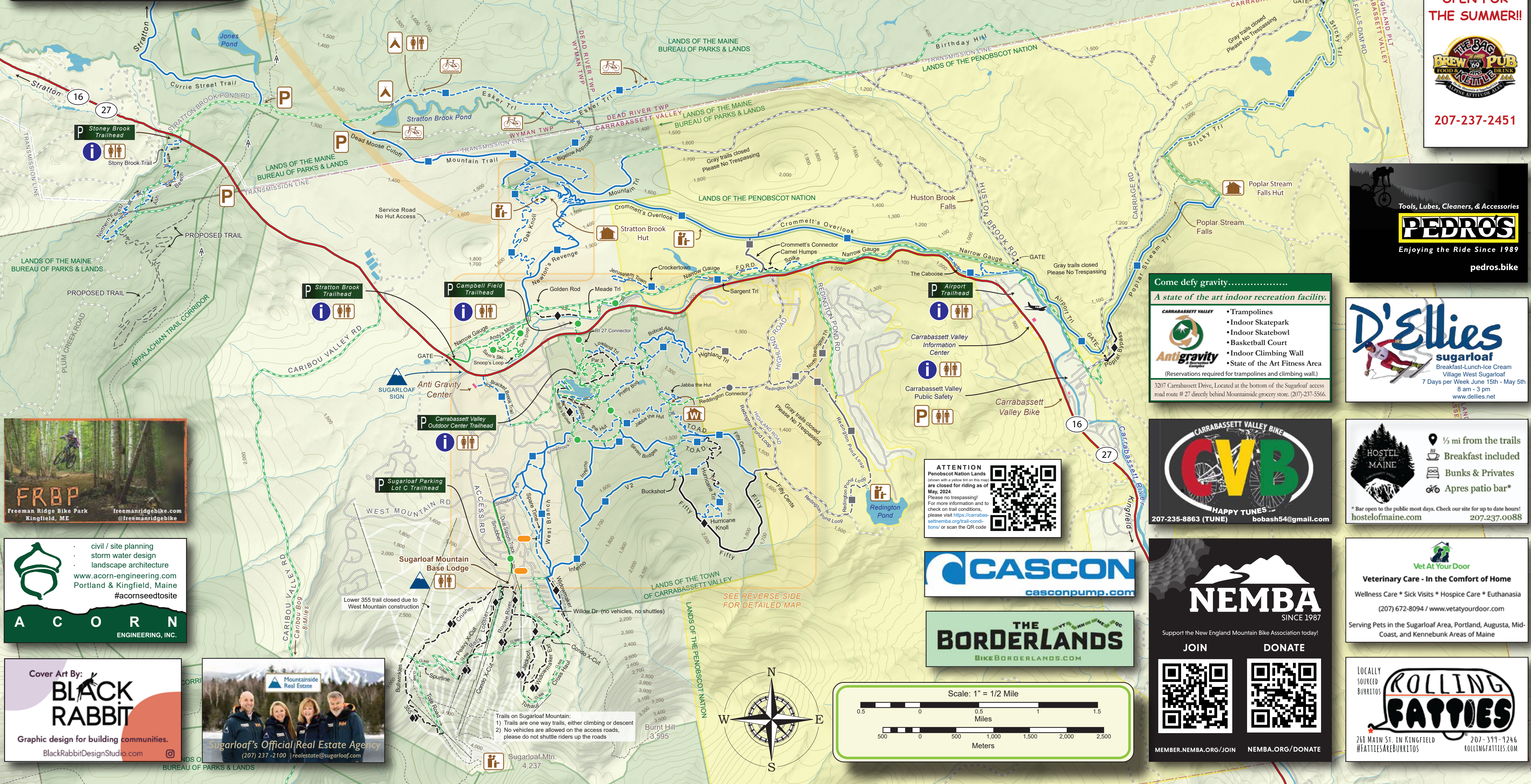
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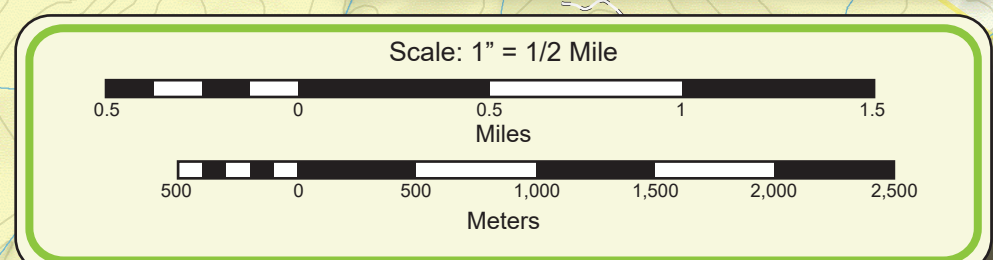
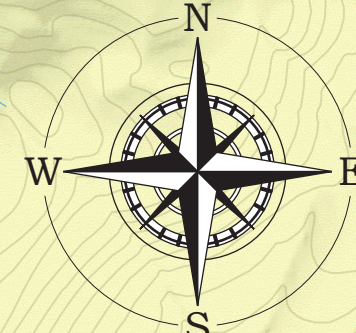
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Trails on Sugarloaf Mountain:  
 1) Trails are one way trails, either climbing or descent  
 2) No vehicles are allowed on the access roads, please do not shuttle riders up the roads



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